

1. PURPOSE

StephX is a therapist-supported narrative assembly and therapy-preparation platform.

This Policy defines the clinical boundaries within which StephX is intended to operate.

Its purpose is to:

- Protect clients.
 - Protect therapists.
 - Protect professional judgement.
 - Protect the integrity of StephX.
 - Clarify the intended role of the Platform.
 - Prevent misuse.
 - Support safe and ethical use.
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2. FOUNDATIONAL POSITION

StephX supports therapy.

StephX does not provide therapy.

StephX assists users in organising information that may be relevant to therapeutic discussion.

StephX exists to support preparation, reflection, communication, and narrative organisation.

StephX is not intended to replace human therapeutic relationships.

3. WHAT STEPHX IS

StephX is:

- A narrative assembly platform.
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- A therapy-preparation platform.
 - A reflective workspace.
 - A client-controlled information organisation tool.
 - A therapist-supported communication tool.
 - A secure information-sharing environment.
 - A privacy-focused personal narrative workspace.
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4. WHAT STEPHX IS NOT

StephX is not:

- A therapist.
 - A psychologist.
 - A psychiatrist.
 - A counsellor.
 - A psychotherapist.
 - A doctor.
 - A healthcare provider.
 - A crisis service.
 - An emergency service.
 - A diagnostic system.
 - A treatment system.
 - A medical device.
 - A digital therapeutic.
 - A mental health assessment platform.
 - A clinical decision-support platform.
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5. ACTIVITIES SPECIFICALLY OUTSIDE SCOPE

StephX must not be used to:

- Diagnose mental health conditions.
 - Diagnose medical conditions.
 - Conduct psychological assessments.
 - Conduct psychiatric assessments.
 - Determine treatment plans.
 - Prescribe interventions.
 - Determine risk classifications.
 - Determine clinical priorities.
 - Conduct crisis counselling.
 - Provide suicide intervention.
 - Conduct emergency safety planning.
 - Determine factual truth.
 - Determine memory accuracy.
 - Determine abuse validity.
 - Determine legal liability.
 - Conduct forensic investigations.
 - Replace therapist judgement.
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6. EMDR BOUNDARIES

StephX may be used by EMDR practitioners as a preparation and organisational tool.

However, StephX does not:

- Conduct EMDR.
- Conduct trauma reprocessing.
- Conduct bilateral stimulation.
- Conduct desensitisation.
- Conduct exposure therapy.
- Replace EMDR protocols.

- Replace EMDR supervision.
- Replace therapist judgement.

EMDR treatment remains solely the responsibility of the treating practitioner.

7. THERAPIST RESPONSIBILITIES

Therapists remain solely responsible for:

- Assessment.
- Diagnosis.
- Treatment.
- Risk assessment.
- Safety planning.
- Crisis management.
- Clinical decision-making.
- Mandatory reporting.
- Professional judgement.
- Record keeping obligations.

Nothing within StephX transfers these responsibilities.

8. CLIENT RESPONSIBILITIES

Clients remain responsible for:

- Deciding what information to record.
- Deciding what information to share.
- Deciding what information remains private.
- Seeking professional assistance when required.
- Seeking emergency assistance when required.

Clients should discuss significant concerns with their therapist.

9. AI CLINICAL BOUNDARIES

AI functionality within StephX is intended solely for organisational assistance.

AI may assist with:

- Organising information.
- Creating summaries.
- Suggesting categories.
- Suggesting themes.
- Assisting navigation.

AI must not:

- Diagnose.
- Assess.
- Treat.
- Interpret.
- Counsel.
- Determine clinical significance.
- Determine memory validity.
- Replace therapist judgement.

AI outputs are suggestions only.

10. TRAUMA-INFORMED PRINCIPLES

StephX has been designed around the following trauma-informed principles:

Client autonomy.

Client control.

Consent-led engagement.

Respect for pacing.

Respect for uncertainty.

Privacy.

Choice.

Collaboration.

Users should never feel pressured to disclose information.

Users should never be required to complete content.

Users should never be forced into chronological storytelling.

Users should never be required to discuss information before they are ready.

11. SHARING PRINCIPLES

The Platform is built around client-controlled sharing.

Unless otherwise configured:

- Information is private by default.
 - Sharing is deliberate.
 - Sharing is reversible where technically possible.
 - Therapists only access authorised information.
 - Users remain informed about visibility settings.
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12. CRISIS AND EMERGENCY LIMITATIONS

StephX is not monitored as an emergency service.

StephX is not monitored continuously.

StephX cannot guarantee identification of:

- Suicide risk.
- Self-harm risk.
- Violence risk.
- Medical emergencies.
- Mental health crises.

Users requiring urgent support should immediately contact:

- Emergency services.

- Their therapist.
 - Their doctor.
 - Appropriate crisis support services.
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13. CLINICAL GOVERNANCE

StephX may maintain governance processes including:

- Professional verification.
- Audit logging.
- Security monitoring.
- Safety review.
- AI governance.
- Policy review.

Such governance processes do not constitute clinical supervision.

14. PROFESSIONAL INDEPENDENCE

Therapists remain independent professionals.

Nothing within StephX creates:

- Employment.
- Agency.
- Partnership.
- Clinical supervision.
- Referral obligations.
- Treatment obligations.

Verification is not endorsement.

Verification is not recommendation.

Verification is not accreditation.

15. REPORTING CONCERNS

Users are encouraged to report concerns regarding:

- Platform safety.
- Misuse.
- Privacy concerns.
- Professional conduct issues.
- Technical issues.

Reports may be reviewed by StephX governance personnel.

16. CHANGES TO THIS POLICY

StephX may update this Policy from time to time.

Updated versions will be published within the Platform.

Continued use of StephX constitutes acceptance of updated versions.

17. CONTACT

Clinical Governance

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StephX exists to help people organise the story around therapy.

The therapy itself remains the responsibility of appropriately qualified professionals.

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