

1. PURPOSE

StephX may include artificial intelligence (“AI”) features designed to assist clients and therapists in organising, reviewing, and preparing information for therapeutic discussion.

This Policy explains:

- The role of AI within StephX.
- The limits of AI functionality.
- Acceptable use requirements.
- Important safety considerations.
- The responsibilities of clients and therapists.

This Policy forms part of the governance framework of StephX.

2. CORE DESIGN PRINCIPLE

The role of AI within StephX is organisational assistance.

The role of AI within StephX is not therapy.

AI exists to help organise information.

AI does not replace professional judgement.

AI does not replace therapeutic relationships.

AI does not replace clinical care.

3. WHAT AI MAY DO

AI features may assist users by:

- Organising information.
- Formatting notes.
- Creating editable summaries.
- Suggesting card titles.
- Suggesting possible categories.
- Identifying possible recurring themes.

- Highlighting potential timeline relationships.
- Assisting preparation for therapy sessions.
- Helping therapists review client-authorised material.
- Improving navigation of complex information.
- Assisting with information retrieval.
- Supporting accessibility and usability.

All AI-generated outputs remain editable.

Users remain responsible for all final content.

4. WHAT AI MUST NEVER DO

AI within StephX must never be designed, marketed, or represented as performing any of the following functions:

Diagnosis.

Treatment.

Clinical decision-making.

Psychological assessment.

Mental health assessment.

Risk assessment.

Suicide assessment.

Self-harm assessment.

EMDR treatment.

Trauma treatment.

Medical advice.

Psychological advice.

Therapeutic interpretation.

Clinical supervision.

Emergency response.

Crisis intervention.

Determination of factual truth.

Determination of historical accuracy.

Determination of abuse validity.

Determination of memory accuracy.

Determination of legal liability.

Prediction of future behaviour.

Professional judgement.

Replacement of therapist expertise.

5. AI OUTPUTS ARE SUGGESTIONS ONLY

All AI-generated outputs are suggestions only.

AI outputs:

- May be incomplete.
- May be inaccurate.
- May be misleading.
- May be based upon incomplete information.
- May overlook important context.
- May reflect uncertainty.
- May contain errors.

Users should not assume AI-generated content is correct.

Therapists should independently evaluate all AI-generated content before incorporating it into professional practice.

6. CLIENT SAFETY PRINCIPLES

AI interactions within StephX are designed to support:

Client control.

Client autonomy.

Client pacing.

Consent-led engagement.

Respectful language.

Trauma-informed interaction.

Psychological safety.

Privacy.

AI should never pressure users to disclose information.

AI should never force chronological storytelling.

AI should never insist on completing tasks.

AI should always allow users to:

- Skip.
 - Pause.
 - Edit.
 - Delete.
 - Revisit later.
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7. THERAPIST AUTHORITY PRINCIPLE

Where a therapist is involved:

The therapist remains the clinical authority.

AI has no authority.

AI cannot override therapist judgement.

AI cannot create treatment plans.

AI cannot provide diagnoses.

AI cannot determine therapeutic priorities.

Professional judgement always prevails.

8. EMERGENCY AND CRISIS LIMITATIONS

StephX is not monitored as a crisis service.

AI systems within StephX are not emergency services.

AI systems are not crisis counsellors.

AI systems are not suicide prevention services.

AI systems are not emergency responders.

Users experiencing:

- Suicidal thoughts.
- Self-harm concerns.
- Medical emergencies.

- Mental health crises.
- Immediate danger.

must seek appropriate emergency assistance immediately.

Users must not rely upon AI-generated responses during emergencies.

9. AUDITABILITY

To support accountability and governance:

AI interactions may be recorded within StephX audit systems.

Audit records may include:

- Prompts.
- User requests.
- AI responses.
- User actions.
- Permission changes.
- System actions.

Audit records may be retained for:

- Security.
- Governance.
- Compliance.
- Product improvement.
- Legal obligations.
- Dispute resolution.

Subject to applicable law and privacy requirements.

10. PRIVACY AND DATA USE

StephX has been designed around privacy and consent.

StephX does not sell client content.

StephX does not sell therapist content.

StephX does not permit advertising access to confidential content.

Where AI features are used:

- Processing should occur only when initiated by a user action.
- Users should understand when AI is being used.
- AI-generated content should be clearly identified.
- Users should retain control over whether AI-generated content becomes permanent.

11. AGGREGATED AND DE-IDENTIFIED ANALYSIS

StephX may analyse aggregated and de-identified information for purposes including:

- Improving platform performance.
- Improving AI quality.
- Improving safety controls.
- Improving usability.
- Supporting governance activities.
- Supporting professional engagement.
- Supporting product development.

Individual client stories are not intentionally analysed for commercial exploitation.

The objective is to learn from patterns rather than identifiable individuals.

12. PROHIBITED USES

Users must not use StephX AI systems to:

- Seek emergency assistance.
 - Obtain medical diagnoses.
 - Obtain psychological diagnoses.
 - Replace professional care.
 - Create fraudulent information.
 - Harass, threaten, or abuse others.
 - Upload unlawful content.
 - Upload content they do not have authority to share.
 - Circumvent security controls.
 - Reverse engineer platform security.
 - Test for vulnerabilities without authorisation.
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13. CONTINUOUS IMPROVEMENT

StephX AI systems may evolve over time.

Features may be added, modified, improved, or removed.

Any future AI functionality will continue to be governed by the principles set out in this Policy unless explicitly replaced by a later version.

14. REGULATORY POSITION

StephX is intended to operate as:

Therapist-supported narrative assembly and therapy preparation software.

StephX is not intended to operate as:

- A healthcare provider.
- A medical device.
- A digital therapist.
- An autonomous treatment system.
- An AI psychologist.
- An AI counsellor.
- A mental health diagnostic platform.

All AI functionality is intended to remain assistive, organisational, informational, and user-controlled.

15. ACKNOWLEDGEMENT

By using StephX, users acknowledge that:

- AI is a support tool.
 - AI is not a therapist.
 - AI is not a clinician.
 - AI may make mistakes.
 - Human judgement remains essential.
 - Therapists remain responsible for clinical care.
 - Users remain responsible for decisions made using platform information.
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16. CONTACT

Questions regarding AI governance, privacy, safety, or platform operation may be directed to:

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